



**STEINBACH**  
Chamber of Commerce



**Calendar of Events,  
Info Sessions &  
Workshops**

**2012  
Employment Fair**  
Making connections for the future

Join this opportunity to job search, network and interview employers.

**Tuesday  
February 28, 2012  
5:00—8:00 pm**

**Location**  
55 Plus Center  
10 Chrysler Gate  
Steinbach, MB

For more information call  
Marina at 204 346-6609  
Victoria at 204 326-5159  
marina@eastmanimmigrant.com

Remember to **BRING YOUR RESUME AND DRESS FOR SUCCESS**

**Income Tax Info Session**  
Feb 21, 6:30-8:30pm  
EIS at 284 Reimer Ave.

**Employment Fair**  
Feb 28, 5-8pm at  
10 Chrysler Gate, 55 Plus  
Center, Steinbach

**Get Active Fitness for  
Women & Teens**  
Feb 1, 8, 15, 22, 29  
March 7, 14  
April 4, 11, 18, 25, 2012  
7:15-8:15pm at Woodlawn  
School Gym

**Advanced English Skills  
Improve Pronunciation**  
Tue & Thurs 6-8pm  
**Writing Skills**  
Mon & Wed 6-8pm  
EIS @ 284 Reimer Ave.

**Pub Quiz**  
See web-site for dates  
Www.eastmanimmigrantservi-  
ces.com

**Math for Trades**  
Call 346 6609 for details

**Parenting Group for  
Women—Low German**  
Feb 9, 23, Mar 8, 22 at  
Southoaks School in Grun-  
thal, 6:30pm, family hut

**Men's Family Group—Low  
German**  
Feb 9, 23, Mar 8, 22 at  
Southoaks School in Grun-  
thal, 6:30pm, family hut

# EIS Newsletter -

... making connections

## Looking for employment?

**Q. What is an employment fair?**

**A.** An employment fair, or job fair, is an event where employers, job-seekers and students can connect—all under one roof.

**Q. How can I prepare for an employment fair?**

**A. Before the fair:** have a Canadian skill-based resume prepared that you can give to the employer. Also, research the companies that will be at the fair. The more you know about a company before you talk to them, the more knowledgeable you will be.

Come to the fair dressed for the

position you desire.

**During the fair:** If you are interested in working for a certain company, talk to a lesser-desired company first. This will build your confidence and remove the nervousness. Talk to the employers, ask questions (prepare questions BEFORE the fair). Offer your resume and ask for their business card. Now you have the name of the person you talked to. Be aware of your body language. Make eye contact, no hands in the pocket, etc.

**After the fair:** Make contact with the employer as soon as

possible either by phone, email or in person. If you wait too long, he may forget who you are. Follow up on the job opportunity you talked about during the fair.

To find out which companies will be at the fair—or for any questions call Marina at 346 6609.

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February 28, 2012  
5:00—8:00 pm  
55 Plus Center  
10 Chrysler Gate,  
Steinbach, MB**

## Income Tax

**Tuesday  
February 21, 2012  
6:30—8:30 pm  
D4-284 Reimer Ave.  
Steinbach, MB**

February is income tax month. Who should file? If you arrived in Canada in 2011 (even if you arrived on December

31st), you **MUST** file for income tax. If you have not earned any money in 2011, you still **MUST** file for income tax.

As a newcomer to Canada you may have many questions about filing income tax: what expenses to claim, which receipts to keep, etc.

You are invited to join us for a presentation on various aspects of income tax, financial and benefit information.

This presentation is delivered by a qualified and experienced accountants and will be in:

- English
- Deutsch
- Русский

Eastman Immigrant Services

D4 284 Reimer Ave  
Steinbach, MB R5G 0R5

Settlement: 204 346 6609  
Employment: 204 326 5159  
Events: 204 371 1509

Email: info@eastmanimmigrantservices.com  
Www.eastmanimmigrantservices.com

### Get Active



If you want to get out of the house and meet other women, and at the same time get fit, come to our weekly “Get Active” fitness program for women and teens.

Each group work-out is led by a certified trainer. Classes include latino, hip-hop, line dance fitness, body pump, circuit training, aero kickboxing, pelvic floor training and much more.

Registration is free, but space is limited. Call Zoe at 371 1509 now to reserve your place. Or email at zoe@eastmanimmigrantservices.com.

On Wednesday from 7:15–8:15pm  
At Woodlawn School Gym, Steinbach  
Feb 1, 8, 15, 22, 29,  
Mar 7, 14, Apr 4, 11, 18, 25

### Pronunciation & Writing

There is still room to sign up for the Advanced English Writing Class. Better writing skills will help you in your work world.

Do you know English well, but people ask you to repeat what you say? Sign up for the next pronunciation class.

Call Julius at 346 6609

“We make a living by what we get,  
but we make a life by what we give.” (Winston Churchill)

### Traveling?



If you are planning on traveling to another country, or if you know someone who is, check the expiry date of all your travel documents months before you leave. They must be valid for 6 months prior to your departure date.

As of January, to renew your permanent resident card takes about 5–6 months.

Also, check the expiry date of your passport.

Happy traveling

### Culturama

Culturama—an event where rich traditions of cultures meet under one roof.

At Culturama you can experience colourful, traditional folk dances from over 15 countries.

At Culturama you can sample foods from around the world.

At Culturama your children can learn Ukrainian dances.

At Culturama you can connect with people from other backgrounds and make new friends.

At Culturama we need volunteers. Call 371 1509.

See you on April 28th

10 Chrysler Gate, 55Plus  
Steinbach, MB

### Volunteering

“I recently moved to Manitoba, and I love my new home. So many things were new and different, but there were also challenges. I couldn’t find a job.

Someone suggested that I could get some Canadian work experience by volunteering.

I love volunteering. I made many new friends and even improved my English skills. Now I had a purpose to get up in the morning.

Through a contact at my volunteer position, I was told of a job. I applied and got the job. I was able to find a job—all because I volunteered.” (immigrant)

For volunteering information call 346 6609.

### Math for Trades

Do you have difficulty understanding the Standard versus the Metric System? Do you need a math refresher course for the exam?

If you are a mechanic, electrician, plumber, machinist, or any other trade, and if you are preparing for the Trade Qualification exam, then Math for Trades is for you.

Math for Trades is a free course which helps you to study for the math component of the exam.

Taught by a qualified instructor.

Call 346 6609 to register.